

## University of Delaware - Study Abroad 32 Days

### Itinerary Inclusions:

#### Accommodation - 10 Nights :

- Noah's Ark, Greymouth, Standard room (1 night)
- Franz Chateau, Franz Josef, Dorm room (1 night)
- Pinewood Lodge, Dormitory, 4 beds room (4 nights)
- Te Anau Lakeview Holiday Park, Koromiko lodge (3 nights)
- Kepler Track, DOC Hut (2 nights)

### Coach :

48 - 51 seater

### Activities & Excursions :

- Surf board, Sumner, Body surf
- Akaroa – swim with the dolphins
- Franz Josef Glacier Guides, glacier valley guided walk
- Rafting on the Shotover river & Shotover jet boat ride
- Frogz White Water Sledging, Kawarau River Sledging
- Real Journeys, Milford Sound Scenic Cruise
- Te Puia, Te Po - Indigenous Evening Experience
- Waimangu Volcanic Valley, Hike with educational speak by volcanologist about the affects of the geothermal activity on the region, the affects of geothermal power stations on the region.
- Zorb Rotorua, Hydro Zorb (wet or dry)
- Discover Waitomo, Black Abyss tour (Abseil & black water rafting)

### Meals during tour (when away from University):

Dinner – 1 Maori dinner in Rotorua

Lunch – 1 BBQ Lunch (Sumner surf day)

## Itinerary Detail:

### Day 1 Monday, 05 January 2015

#### Welcome to Christchurch

Your coach will greet you on arrival and will transport you to Lincoln University a supermarket..

Christchurch is New Zealand's second-largest city and the gateway to the South Island. Bordered by hills and the Pacific Ocean, it is situated on the edge of the Canterbury Plains that stretch to the Southern Alps and is fondly dubbed "The Garden City"

The Central City and some eastern suburbs have suffered earthquake damage but the city as a whole continues to operate.

The Botanic Gardens were not affected in the EQ and they feature one of the finest collections of exotic and native plants found in New Zealand.

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### Day 2 Tuesday, 06 January 2015

#### Christchurch

Study day

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### Day 3 Wednesday, 07 January 2015

#### Christchurch

**Activity:** Body surf

**Operator :** Surf board, Sumner

9:30 – 15:30. BBQ lunch included. Transport from Lincoln university to Sumner and back.

**Departure:** 8:30am

**Return:** approx 4:30pm

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### Day 4 Thursday, 08 January 2015

#### Christchurch

Study day

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### Day 5 Friday, 09 January 2015

#### Christchurch

Study meeting at Christchurch Refugee Resettlement.

Meeting with Shirley Wright – the organisation's manager AND with Head service of Pegasus Health to provide the group with an overview of the health services of wide Canterbury, the challenges and uniqueness.

Shirley Wright will present the health challenges and service delivery for the Refugees that arrive to rebuild their lives in Christchurch. These communities may face health issues and health concepts that may require a different attention.

The meeting will be in 2 groups of 20 students + 2 tutors.

**Departure:** 12:30pm Lincoln Uni.

**Arrive:** 13:00 Addington – free time around

13:30 Meet at Level 1, 283 Lincoln Rd, Addington (corner of Clarence St & Lincoln Rd)

**Meeting schedule:**

13:30 – 15/15:30 : first group

15:30 – 17/17:30 : second group

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**Day 6 Saturday, 10 January 2015**

Christchurch

Free day

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**Day 7 Sunday, 11 January 2015**

Christchurch

Weekend

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**Day 8 Monday, 12 January 2015**

Christchurch - Kaikoura

Day tour to Kaikoura – seal kayak

We recommend you bring the following and use the toilet before you arrive as we have no bathroom facilities.....

Long sleeved thermal top, Fleece, shorts or light pants e.g. quick dries, NO JEANS! Sunglasses, cap, running shoes or sandals, drinking water, camera and towel.

We provide the following - All kayaking gear including dry pants over the winter months also dry bags for camera's.

**Depart Christchurch:** 9:15am

**Arrive Kaikoura:** approx 12-12:15

**Activity schedule:**

- Time: 12:30pm - 4:00pm – 20 students + 2 tutors
- Time: 4:30pm - 7:00pm - 20 swimmers + 2 tutors
- Duration of activity – 2.5 hours.
- During the waiting time – hike one of the local tracks. Info to be provided.

**Depart Kaikoura:** 7pm

**Arrive Chch:** approx 10pm

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**Day 9 Tuesday, 13 January 2015**

Christchurch

Study day

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**Day 10 Wednesday, 14 January 2015**

Christchurch

Study day

## Day 11 Thursday, 15 January 2015

### Christchurch

Study meeting

**Departure:** 9:15 Lincoln Uni

3:00pm depart the study meeting

Aim is to view components of the NZ health system of USA on a targeted visit to this country. Group to be divided into halves 20 from 10.00am to 12.00pm and 20 from 1.00pm to 3.00pm

Combined lunch 12.00-1.00pm.

After an introduction each group is divided into 3 to look at what is obviously a small component of a health system ie share mobile with the lithotripter, share knowledge 1. The education programme (Studio) and 2. Communications technology 101 (Board room and Satellite van). We would argue that iterations of these ideas will be essential to deliver medical care in the future as we search to make it affordable.

#### Group 1

10.00am-10.20am Introduction

10.30am Split into 3 groups 7, 7 and 6. These rotate at 25 min intervals

**Group A, then C, then B** Visit the lithotripter vehicle parked outside the office. An example of mobile share facilities

**Group B, then A then C** Visit the studio to discuss our education programme

**Group C, then B then A** Discussing communications technology Board room and Satellite Van

11.50-12.00 Summary and close

12.00pm-1.00pm Lunch

#### Group 2

1.00pm-1.20pm Introduction

1.30pm Split into 3 groups 7, 7 and 6. These rotate at 25 min intervals

**Group A, then C, then B** Visit the lithotripter vehicle parked outside the office. An example of mobile share facilities

**Group B, then A then C** Visit the studio to discuss our education programme

**Group C, then B then A** Discussing communications technology Board room and Satellite Van

2.50pm Summary and close

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## Day 12 Friday, 16 January 2015

### Christchurch – Arthur's Pass – Greymouth / West Coast

Cross the Alpine pass that connects between East and West of the south island – Arthur's Pass.

We can include a short hike here.

On arrival at the Coast – we will detour north to have a look at the Pancake Rocks and enjoy one of the short hikes at the Paparoa National Park (Eg: Truman Track)

**Depart Lincoln Uni:** 9am

Time is flexible today. No rush as the high tide in Punakaiki is 8pm. High tide at Punakaiki: 8:17PM – so from 6PM you are likely to view the highest, loudest, roughest affects of the waves and the blow holes.

**Consider:** checking in to the accommodation in Greymouth earlier, have a break, and then proceed to the Punakaiki and Paparoa National Park.

**Dinner:** Various options in Greymouth.

Tavern Inn in Punakaiki has options if this is suitable for the group. I should let them know in advance if you are planning to go there.

At Paparoa National Park – hike the Truman Track.

Walk the decked path to the Pancake Rocks.

### **Punakaiki (Pancake Rocks)**

The Pancake Rocks are massive rocks looking like layers of pancakes. These limestone rocks began forming 30 million years ago as tiny fragments of dead marine creatures such as bivalve shellfish and other molluscs, creating an even layer of sediment on the seabed. Earthquake action lifted the layers to the surface. The sea, wind and rain have since sculpted the unusual rock formations. As heavy swells thunder into caverns beneath the rocks, huge water spouts blast skywards through the blowholes. When high tides coincide with strong westerly winds, 15 metre foaming geysers can be seen."

A beautiful and easy deck-walk leads to the Pancake Rocks and blow holes and the affects with the waves breaking through the blow holes is just spectacular.

**Accommodation:** Noah's Ark

**Breakfast:** self contained.

*Please buy your ingredients to use at the Backpackers kitchen.*

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## **Day 13 Saturday, 17 January 2015**

### **Punakaiki/Greymouth to the Glaciers**

**Departure:** 9:00 am Greymouth

13:30/14:00 Arrive at FJ – time for lunch

14:45 Need to check in for FJ glacier valley walk

**Optional stops:** Hokitika, Hokitika Gorge – walk.

**Activity:** Franz Josef glacier valley walk - Guided

**Operator :** Franz Josef Glacier Guides

**Check in time:** 14:45 for 15:00 start time

**Duration:** 3 hrs

**Accommodation:** Chateau Franz

**Breakfast:** Free, supplied.

**Additional info:** *FREE Soup in the evenings, FREE Wifi, FREE popcorn & FREE International phone calls to landlines abroad.*

*We also have a SPA pool and have recently built a beautiful new fire pit which is burning every evening for our guests.*

### **Franz Josef Glacier**

Within easy distance of the main highway, Franz Josef Glacier offers a breathtaking and unique opportunity to come face to face with an ancient glacier as it descends from the Southern Alps through temperate rainforest toward the rugged West Coast and Tasman Sea.

The relatively easy access to Franz Josef Glacier enables even the least adventurous of travellers to enjoy a visit to the terminal face. To explore further, choose either an independent walk to the face of the glacier, a guided walk atop the glacier, a spectacular scenic flight or, the ultimate in glacier adventure, a heli-hike.

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## **Day 14 Sunday, 18 January 2015**

### **Glaciers to Queenstown**

9:00am Departure

**Consider:** early departure for a hike around Lake Matheson.

No set time to arrive at Queenstown

**Travelling Time:** Approx 6 hours

This route heads south on the rugged and sparsely populated West Coast Road (SH6) before turning inland through the glorious and historic Haast Pass. Mount Aspiring National Park beckons, Lake Wanaka and Lake Hawea vie for attention and Wanaka is simply beautiful. Your visit to Queenstown is imminent: SH6 for the cautious or through the Crown Range for the adventurous.

### Queenstown

An adventure playground extraordinaire, Queenstown is both beautiful and bountiful: even the mountain range framing the town is called "The Remarkables". Add to this Lake Wakatipu and lush forestation, it's no wonder Hollywood film-makers frequently visit. Home to the first commercial bungee jumping enterprise, Queenstown is known for its many adrenaline-filled activities. Nearby Skipper's Canyon and Arthur's point commemorate the discovery of gold in the area.

**Accommodation:** Pinewood Lodge, Dormitory, 4 beds room, 4 nights stay.

**Breakfast:** self contained.

*Please buy your breakfast ingredients. There is full kitchen facilities on site to use.*

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### Day 15 Monday, 19 January 2015

#### Queenstown

**Activity:** Shotover Duo: Shotver Jet boat ride & Rafting on the Shotover.

**Operator :** Queenstown Combos

- 12:00 Please meet at the Station Building at 12pm (a very short walking distance from your accommodation).
- You will be transported from here to the Shotover Bridge- for your Jet boating trip.
- 12:30 -2 boats of 14 pax each
- 12:45 – 16 pax

From here – walk to the Rafting area – to try your wet suits on.

You will be transported by bus to the starting point of the rafting tour. 7 pax per raft.

At the end of the tour – you will be transported back to Queenstown, to the Station Building.

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### Day 16 Tuesday, 20 January 2015

#### Queenstown

Study day

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### Day 17 Wednesday, 21 January 2015

#### Queenstown

Free day

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### Day 18 Thursday, 22 January 2015

#### Queenstown - Te Anau

**Travelling time:** approx 2 <sup>3</sup>/<sub>4</sub> hours

**Depart Queenstown:** 9:30am

**Arrive Te Anau:** 12:00pm

Check in to your accommodation.

Prepare gear / hire gear that is required for the track departing on 24/1.

Steve – please collect Track tickets from the Doc office on Lakefront Drive.

### **Te Anau**

**Accommodation:** Te Anau Lakeview Holiday Park, Koromiko lodge (Jan 22,23,26)

After checking in to your accommodation – collect Track tickets and hire track gear.

**Outside Sports Te Anau** ( [http://www.outsidesports.co.nz/Community/Our\\_Stores/Te\\_Anau.htm](http://www.outsidesports.co.nz/Community/Our_Stores/Te_Anau.htm) )

03 249 8195

38 Town Centre

**Bev's Tramping Gear** ( <http://www.bevs-hire.co.nz/> )

03 249 7389

027 249 7389

16 Homer Street

***You have used this hire shop before.***

**Please note:** *On day one of the track there are 3 pax that need to stay in a tent – please hire tent as well. The cost of the tent will be covered by us.*

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### **Day 19 Friday, 23 January 2015**

#### **Milford Sound**

Milford Sound Day Cruise

**Depart Te Anau:** 7:30

**Cruise Milford:** 11am

**Back from the cruise:** 12:40pm

Travel back to Te Anau

**Afternoon :** Food shopping for the Kepler track

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### **Day 20 Saturday, 24 January 2015**

#### **Kepler Track – day 1**

8:00 am Coach transfer to the start of the track –at Rainbow Reach.

Hike to Iris Burn Campsite.

3 pax will need to stay in a tent tonight.

41 in the hut

### Day 21 Sunday, 25 January 2015

#### Kepler Track – day 2

Walk to Luxmore Hut (no tenting tonight)

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### Day 22 Monday, 26 January 2015

#### Kepler Track – day 3

4:00pm At the end of the track, coach transfer back to Te Anau

**Accommodation:** Te Anau Lakeview Holiday Park, Koromiko lodge, 1 night

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### Day 23 Tuesday, 27 January 2015

#### Queenstown

Travel back to Queenstown.

**Depart:** 10:00am

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### Day 24 Wednesday, 28 January 2015

#### Fly Queenstown – Hamilton

**Flight departure:** 12:40pm

**Check in time:** 11:00am

**Departure from accommodation:** 10:30am

**Arrival at Auckland:** 14:30

Your north island will await you at the airport to transfer you to Waikato university.

ETA in Hamilton: 16:30

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### Day 25 Thursday, 29 January 2015

#### Hamilton

Study day

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### Day 26 Friday, 30 January 2015

#### Day to Rotorua

Rotorua - home to the Maori culture and an active geothermal land.

8:30am depart Waikato Uni to Rotorua

1. 10:30 – 12:30 Zorb
2. 12:30 – 13:30 Lunch (can be at Waimangu)
3. 13:30 – Talk with Waimangu volcanic valley manager – 15 min
4. 14:00 – 15:30 Hike the valley
5. 15:30 bus up the hill back to the entrance
6. 16:00 leave for Te Puia



7. 16:20 check in at Te Puia
8. 16:30 – 17:30 guided tour Te Puia
9. 17:30 – 18:00 free time
10. 18:15 – 21:00 Maori cultural evening
11. 12:00 depart Rotorua
12. 23:15 arrive back at Waikati Uni

**10:30 – 12:00 Activity:** Hydro Zorb (dry or wet) – in doubles or triplets.

Lunch break – can be at Waimangu

13:30 Activity: Hike at the Waimangu volcanic valley.

YOU ARE MET BY HARVEY, THE MANAGER OF WAIMANGU VOLCANIC VALLEY, WHO WILL PROVIDE YOU WITH AN INTRO TO THE VALLEY, ITS HISTORY AND CREATION BEFORE STARTING YOUR WALK DOWN THE VALLEY AND CRATER.

THE TALK WILL BE APPROX 15 MIN

AT 15:30 A BUS WILL AWAIT YOU AT THE BOTTOM OF THE HILL TO TRANSFER YOU BACK UP.

The valley is very distinctive to the region. We can incorporate a talk by the manager about the formation of the valley (as a result of the eruption of Mt Tarawera in 1886) and its distinctive role in the area, or we can ask one of the volcanologist at the Waikato university to talk to the group about the geothermal activity here and the affects of the Geothermal power stations on the area. This can be very interesting

**16:30 Activity:** Te Puia

16:30 – 17:30 – a guided tour through the geothermal reserve. Own guided tour.

18:00 Indigenous Evening Experience – Maori welcome, Maori cultural performance, Maori dinner (hangi).

## Day 27 Saturday, 31 January 2015

### Waitomo Caves

1. 8:15 departure to Waitomo
2. 9:30 arrival
3. 9:40 reporting time at Waitomo caves
4. 10:00 start of Black Abbys experience – allow 5 hrs each tour (Bring: togs, towel)
5. 19:00 conclusion of activity
6. 20:15 back at Uni

**Activity:** Black Abyss tour (Abseil & black water rafting at Waitomo caves)

**Depart Waikato Uni:** 8:30am

### Activity schedule:

1. 10am – 8 students, 1 tutor      313043
2. 11am – 8 students, 1 tutor      313036
3. 12pm – 8 students, 1 tutor      313048
4. 1pm – 8 students, 1 tutor      313061

5. 2pm – 8 students 313035

Check in (for each group) - 20mins prior to departure.

You will need to fill out forms as well. The briefing will be done for each group when the guide collects them at their allocated times.

**Note:** *participants must be able to swim.*

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### Day 28 Sunday, 01 February 2015

#### Hamilton

1. Lord of the Rings – Matamata
  2. 11:00 Leave Waikato Uni
  3. 12:15 Arrive Matamata
  4. 12:30 – 14:30 Tour LOTR from the Shrine
  5. 14:30 – 15:30 on site, lunch
  6. 15:30 depart back to Uni
  7. 17:00 Back at uni
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### Day 29 Monday, 02 February 2015

#### Hamilton

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### Day 30 Tuesday, 03 February 2015

#### Hamilton

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### Day 31 Wednesday, 04 February 2015

All good things must reach an end... end of tour.

**Flight departure:** 19:30

**Check in time:** 16:30

**Depart Waikato Uni:** 14:00

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**EMAIL** [info@gefentravel.com](mailto:info@gefentravel.com)  
**WEB** [www.gefentravel.com](http://www.gefentravel.com)

**Mercury Travel Group Head Office**  
12 Princess Street, Riccarton P.O Box 567  
Christchurch New Zealand



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